COVID-19: Learn About Symptoms & What To Do If You Are Sick

STAY HOME IF YOU ARE SICK

Symptoms of COVID-19

Fever or chills

Cough

Shortness of breath/difficulty breathing

Fatigue

New loss of taste or smell

Headache, muscle, or body aches

Sore throat, runny, or stuffy nose

Nausea, vomiting, or diarrhea

This list does not include all possible symptoms of COVID-19.

If you have symptoms of COVID-19:

Get a COVID-19 test right away and stay home. For information on how to get a COVID-19 test, visit ph.lacounty.com/covidtests/how.

- **If you test positive** for COVID-19 or a doctor tells you that you have COVID-19, follow the instructions at ph.lacounty.gov/covidisolation.

- **If you test negative** for COVID-19 or your doctor says you don't have COVID-19, stay home until you have been fever-free without the help of medicines for at least 24 hours.

- **If you are age 65 years or older or have certain underlying medical conditions**, you are at higher risk for developing more serious complications from COVID-19.
  - If you test positive, **contact a doctor right away** even if your symptoms are mild. You may be eligible for medicines that help keep people with COVID-19 out of the hospital. Don't delay: the medicines work best when they are given as soon as possible after symptoms start. See ph.lacounty.gov/covidmedicines for more information.

- **Call your doctor** if you have any of the symptoms listed above, or any symptoms that are not on the list that concern you. Let your doctor know if your symptoms get worse, especially if you are at high risk.

Call 911 if there are emergency warning signs

| Difficulty Breathing | Pressure or Pain in Chest | Pale, gray, or blue-colored skin, lips, or nail beds* | Confused or Hard to Wake or Stay Awake | Other Serious Symptoms |

*Depending on skin tone